

	M	Tu	W	Th	F	S	Su
6:00AM	Reformer Pilates 45 mins	Yoga FLOW 50 mins	Reformer Pilates 45 mins		Reformer Pilates 45 mins		
7:00AM	Reformer Pilates 45 mins	Reformer Pilates 45 mins	Reformer Pilates 45 mins	Reformer Pilates 45 mins	Reformer Pilates 45 mins	Reformer Pilates 45 mins	
8:00AM			Reformer Pilates 45 mins	Reformer Pilates 45 mins	Reformer Pilates 45 mins	Reformer Pilates 45 mins	YIN Yoga 60 mins
9:00AM	Reformer Pilates 45 mins	IGNITE 45 mins	Reformer Pilates 45 mins	Reformer Pilates 45 mins	Reformer Pilates 45 mins	Mat Pilates 45 mins	Meditation 9:15am 45 mins
10:00AM	Reformer Pilates 45 mins	Reformer Pilates 45 mins	Reformer Pilates 45 mins	Yoga VINYASA 60 mins	Reformer Pilates 45 mins		

4:30PM	Reformer Pilates 45 mins	Reformer Pilates 45 mins	Reformer Pilates 45 mins	IGNITE 45 mins
5:30PM	Reformer Pilates XPRESS 30 mins	YIN Yoga 60 mins	Reformer Pilates XPRESS 30 mins	Reformer Pilates 45 mins
6:15PM	Mat Pilates 45 mins		Mat Pilates 45 mins	

Class bookings required through the App
- Search Awaken Pilates and Yoga in the App Store

Bookings required for Crèche
- Casual bookings available
\$4 for 60 mins
\$6 for 90 mins

CRECHE

MON/TUES/FRI	8:30AM - 11:30AM
WEDS/FRI	8AM - 11:30AM
TUES	4:30PM - 7PM
THURS	4PM - 7PM
SATURDAY	8AM - 11AM

YANCHEP TIMETABLE