

YANCHEP TIMETABLE

	M	Tu	W	Th	F	S	Su
6:00AM	Reformer Pilates 45 mins	Reformer Pilates 45 mins	Reformer Pilates 45 mins	Reformer Pilates 45 mins	Reformer Pilates 45 mins		
7:00AM	Reformer Pilates 45 mins	Reformer Pilates 45 mins	Reformer Pilates 45 mins	IGNITE REFORMER 45 mins	Reformer Pilates 45 mins	Reformer Pilates 45 mins	
8:00AM	Mat Pilates 45 mins	Reformer Pilates 45 mins		Reformer Pilates 45 mins	Reformer Pilates 45 mins	Reformer Pilates 45 mins	YIN Yoga 60 mins
9:00AM	Reformer Pilates 45 mins	IGNITE REFORMER 45 mins	Reformer Pilates 45 mins	Reformer Pilates 45 mins	Reformer Pilates 45 mins	Mat Pilates 45 mins	Reformer Pilates 9-15 45 mins
10:00AM	Reformer Pilates 45 mins	Reformer Pilates 45 mins	Reformer Pilates 45 mins	Yoga VINYASA 60 mins	Reformer Pilates 45 mins		Reformer Pilates 10-15 45 mins
11:00AM		Mums n Bubs Reformer 45 mins		Mums n Bubs Reformer 11-15 45 mins			

**NEW TIMETABLE
STARTS 31/08/26**

4:30PM	Reformer Pilates 45 mins	Reformer Pilates 45 mins	Reformer Pilates 45 mins	IGNITE REFORMER 45 mins
5:30PM	Reformer Pilates 45 mins	Reformer Pilates 45 mins	Reformer Pilates 45 mins	Reformer Pilates 45 mins
6:30PM	Mat Pilates 45 mins	YIN Yoga 60 mins	Mat Pilates 45 mins	

Class bookings required through the App
- Search Awaken Pilates and Yoga in the App Store

Bookings required for Crèche
- Casual bookings available
\$2.50 for 30mins
\$5 for 60 mins

CRÈCHE

MON/TUES/FRI	8:30AM - 11:30AM
WEDS/FRI	8AM - 11:30AM
MON/TUES/THUR	4PM - 7PM
SATURDAY	8AM - 12PM

*Timetable subject to change